



Hot off the Press

Momentum Health 2021

On 21 September 2020, Momentum Health launched their benefit and contribution structures for 2021.

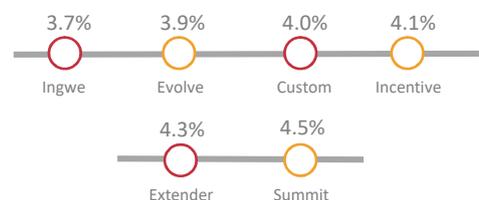
NMG Benefits has undertaken a detailed, independent analysis of these changes and the resultant impact on Momentum Health members. In this edition of Hot off the Press, we share these findings with you....

Overview

- + Momentum Health's focus for 2021 is to ensure stability and affordability for members going forward
- + Plan choice for 2021 remains consistent, with no addition or withdrawal of the plans available in 2020
- + Limits and co-payments have been increased by between 4% and 4.5%

Contributions

- + Momentum Health announced a weighted average increase of **3.9%** for their 2021 contributions
- + The increase differs per plan as illustrated below:



“Cost is a key driver this year, but so is benefit stability. We cannot limit benefits in a crisis, and we need to enhance these benefits with a low increase”

Damian McHugh – Head of Marketing & Sales @ Momentum Health



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In Detail

Hospital networks

- + Netcare Kingsway Hospital has been added to the associated hospital list. Members who have access to this hospital should investigate changing their hospital provider choice and reducing contributions
- + Netcare Garden City Hospital has been added to the Ingwe hospital network

Ingwe income bands

- + Ingwe's income bands have increased for the 2021 benefit year, which could have a positive impact on contributions for Ingwe members

Digital enhancements

- + In light of the current environment, Momentum Health has invested significantly in additional virtual member communication platforms
- + Members will be able to engage with the scheme via WhatsApp and Chat facilities, which is a more cost-effective means of communication for members
- + A Pre-Authorisation Bot has been introduced which provides members with a simple and effective platform to obtain pre-authorization for in-hospital events

Momentum Health will be encouraging the effective use of their rich Health Platform benefits by engaging with members electronically. This will include the identification and engagement of members to remind them that they qualify for the various preventative screening tests available on this benefit





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Complimentary product updates

HealthSaver

- + You will be able to donate GP visits using your HealthSaver funds to anyone in need
- + Contributing members get access to **heyJUDE**, a free concierge service
- + You will be able to earn up to 10% interest on positive HealthSaver balances, based on your Healthy Heart Score
- + A R36 annual fee applies to HealthSaver accounts with a balance of more than R100
- + Members can sign up for a HealthSaver account via the Momentum app
- + There will be no waiting period when joining HealthSaver

HealthReturns

- + There is an improved HealthReturns structure, allowing for an increased earning potential for members on lower Multiply statuses

Multiply

2021 Multiply Premier Fees

- + Single member – R268 per month
- + Family of two – R340 per month
- + Family of three or more – R372 per month

Momentum Wellness

Momentum has introduced a Health and Wellness programme for corporates to create a healthy work workforce and safe working environment

- + Employee assistance programme
- + Virtual wellness café
- + Health and wellness screening
- + Coach in your pocket.

Ingwe Critical Illness Booster

- + Enhanced cancer benefit for Ingwe members up to R150,000 per annum for qualifying employer groups

Where to from here?

- + NMG Benefits is finalising a comprehensive set of 2021 electronic member educational material that will provide you with all the detail you need in order to make an informed decision
- + We will also be conducting a series of webinars that discuss the Momentum Health 2021 benefits in greater detail. Look out for our schedule – it will be distributed shortly
- + Need one-on-one professional advice about your plan choice for 2021? Following our training webinars, we will make a one-on-one booking schedule available for you to book time with an accredited NMG consultant
- + Should you wish to change plans, you need to complete an option change form and submit it before 30 November 2020